



**TORONTO ZEN CENTRE**  
**33 HIGH PARK GARDENS**  
**TORONTO, ON M6R 1S8**

**SUMMER SCHEDULE**

Monday to Friday: **6 am–7:15 am**; Sunday: **9 am–11:45 am**  
 Tuesdays & Thursdays: **7:00 pm – 8:30 pm**

**Dokusan:** AM Tuesdays, PM Thursdays as indicated

**July 2019**

| SUNDAY   | MONDAY                            | TUESDAY                      | WEDNESDAY | THURSDAY   | FRIDAY                       | SATURDAY               |
|--|-----------------------------------|------------------------------|-----------|--|------------------------------|------------------------|
| <i>Roshi Away:</i><br>Jul 1–8, 18–21                   | 1 Canada Day Holiday              | 2 TZC Closed                 | 3 .....   | 4 TZC Closed   | 5 VT Sesshin Applic Deadline | 6                      |
| 7 Taped Teisho   | 8 <i>Roshi Away</i><br>.....      | 9 am dokusan<br>pm chanting  | 10        | 11 pm dokusan  | 12                           | 13                     |
| 14 Teisho  | 15                                | 16 am dokusan<br>pm chanting | 17        | 18   | 19                           | 20                     |
| 21 Taped Teisho  | 22 <i>Finding Your Seat</i> 7-8pm | 23 am dokusan<br>pm chanting | 24        | 25 pm dokusan  | 26                           | 27<br><b>VT Ses...</b> |
| 28 taped teisho  | 29                                | 30                           | 31        | <i>Roshi Attending</i> the VT 7-Day July-August Sesshin. |                              |                        |
| <b>VT 7-Day Sesshin 7/27–8/03 Application: July 05</b> |                                   |                              |           |  |                              |                        |

**August 2019**

| SUNDAY   | MONDAY                            | TUESDAY       | WEDNESDAY                    | THURSDAY      | FRIDAY | SATURDAY               |
|--|-----------------------------------|---------------|------------------------------|---------------|--------|------------------------|
| VT Jul-Aug 7-Day Sesshin continues. <i>Roshi Away:</i> Jul 26 – Aug 12 |                                   |               |                              | 1             | 2      | 3                      |
| <b>VT 7-Day Sesshin 7/27–8/03</b>                                      |                                   |               |                              |               |        |                        |
| 4 TZC CLOSED   | 5 TZC Closed Civic Holiday        | 6 pm chanting | 7 <i>Roshi Away</i><br>..... | 8             | 9      | 10                     |
| 11 Taped Teisho  | 12 <i>Roshi Away</i><br>.....     | 13 am dokusan | 14                           | 15 pm dokusan | 16     | 17                     |
| 18   | 19                                | 20 am dokusan | 21                           | 22 pm dokusan | 23     | 24 9:30 am work period |
| 25 <i>Waterbaby Ceremony</i>   | 26 <i>Finding Your Seat</i> 7-8pm | 27 am dokusan | 28                           | 29 pm dokusan | 30     | 31                     |

**September 2019**

| SUNDAY                             | MONDAY                            | TUESDAY  | WEDNESDAY   | THURSDAY                                       | FRIDAY   | SATURDAY  |  |
|------------------------------------|-----------------------------------|--|---|--|--|---|--|
| 1 TZC CLOSED                       | 2 <i>Labour Day</i> Centre Closed | 3 pm chanting  | 4   | 5  | 6  | 7   |  |
| 8 Taped Teisho                     | 9 <i>TS Group #3 Pledge Form</i>  | 10 am dokusan  | 11  | 12 pm dokusan                                  | 13 am workperiod<br><i>Oct Sesshin applic deadline</i> | 14 <b>Workshop</b>                                    |  |
| 15 Teisho                          | 16                                | 17 am dokusan<br>7pm:<br><i>TS Group #3 Inauguration</i> | 18 <i>Metta Course 1</i>                                  | 19 pm dokusan                                  | 20 am ceremony<br>work period                          | 21 9:30 am ceremony work period                       |  |
| 22 <i>Ceremony for World Peace</i> | 23 <i>TS Group #2 Pledge Form</i> | 24 am dokusan<br>7:00 pm:<br><i>TS Meeting</i>           | 25 <i>Yard Sale preparations</i><br><i>Metta Course 2</i> | 26 <i>Yard Sale preparations</i><br>pm dokusan | 27 <i>Yard Sale Work Day</i>                           | 28 <b>TZC Fall Yard Sale</b>                          |  |
| 29 TZC CLOSED                      | 30 <i>Finding Your Seat</i> 7-8pm | 01 <i>TS Group 2 Inauguration</i>                        |   |  |  | <b>October 5-Day Bodhidharma Sesshin: 10/04–10/09</b> |  |