



**TORONTO ZEN CENTRE**  
**33 HIGH PARK GARDENS**  
**TORONTO, ON M6R 1S8**

**WINTER SCHEDULE**

Monday to Friday... **6-7:15 am**, Sunday... **9-11:45 am**;  
 Tues & Thurs... **7:00 pm - 8:30 pm**

Dokusan Offered Tues AM & Thurs PM with possibility of **Private Instruction**

**January 2019**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>January retreat deadline: Dec 28</i>		1 <b>New Years Day Holiday</b>	2	3 pm dokusan +workshop setup	4 AM setup for Workshop	5 <b>Workshop</b>
6 Teisho	7	8 am dokusan pm chanting	9	10 pm dokusan	11 AM Prep for Ceremony	12 9:30 am work-period
13 <b>Ceremony Kannon Day</b>	14	15 am dokusan pm chanting	16	17 am dokusan pm retreat setup	18 retreat setup 19 <b>TZC 5-Day Sesshin</b>	
20	21	22	23	24 <b>TZC CLOSED</b>	25	26
<b>Toronto 5-Day Sesshin 18/01-23/01</b>						
27	28 <i>Finding Your Seat 7-8 pm</i>	29 am dokusan pm chanting	30	31 pm dokusan		

**February 2019**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 am dokusan pm chanting	6	7 pm dokusan <b>Famine Relief</b>	8 AM Prep WP applic dead.	9 <i>Ceremony work period</i>
10 <b>Buddha's Parinirvana</b>	11	12 am dokusan pm chanting	13	14 pm dokusan	15	16
17	18 <b>Family Day TZC Closed</b>	19 am dokusan pm chanting	20	21 pm dokusan +workshop setup	22 AM prep	23 <b>Workshop</b>
24 <b>AGM 10:30 AM</b>	25 <i>Finding Your Seat 7-8 pm</i>	26 am dokusan pm chanting	27 <i>Sesshin setup</i>	28 <i>Sesshin setup</i>		

**March 2019**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Jataka Tales applic deadline: February 08</i>					1	2
<i>Toronto School Board - March Break - Mar 11-15</i>					<b>TZC WP Ses..</b>	
3	4	5	6	7	8	9
<b>TZC 7-Day Jataka Tale Working Person 3/01 - 3/08 Application deadline Feb 08</b>						
10 <i>D.S.T.begin</i>	11 TDSB March Break...11-15	12 pm chanting	13	14	15	16
17	18	19 am dokusan pm chanting	20 <i>metta course 1</i>	21 pm dokusan	22	23
24 Teisho+Setup Temple Night	25 <i>Finding Your Seat 7-8 pm</i>	26 am dokusan <b>Temple Night</b>	27 <i>metta course 2</i>	28 am dokusan <b>Temple Night</b>	29 VT April 7-D Sessh. deadline	30 <i>Ceremony work period</i>
31 <b>TZC JUKAI</b>	April 06 - TZC Workshop					