



TORONTO ZEN CENTRE
33 HIGH PARK GARDENS
TORONTO, ON M6R 1S8

WINTER SCHEDULE

Monday to Friday... **6-7:15 am**, Sunday... **9-11:45 am**;
 Tues & Thurs... **7:00 pm - 8:30 pm**

Dokusan Offered Tues AM & Thurs PM with possibility of **Private Instruction**

January 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January Sesshin Application deadline: Jan 03 Finding Your Seat Meeting 7-8 pm: Jan 13			1 TZC Closed New Years Day	2	3 Jan sesshin applic. deadline	4
5 Teisho	6	7 am dokusan pm chanting	8	9 pm dokusan +workshop setup	10 am setup for Workshop	11 Workshop
12 Teisho	13 Finding Your Seat 7-8 pm	14 am dokusan pm chanting	15	16 pm dokusan	17	18 9:30am setup for ceremony TCAB 1-5:30pm
19 Kannon Ceremony	20	21 am dokusan pm chanting	22	23 am dokusan pm sesshin setup	24 pm sesshin setup	25 7-Day
26	27	28	29	30	31	
Toronto 7-Day Sesshin 01/25 - 02/01 Sesshin Applic. Deadline: Saturday, January 03						

February 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Finding Your Seat Meeting 7-8 pm: Feb 10 March Working Person Sesshin application deadline: Feb 14						1 cont. 7-Day
2 TZC CLOSED	3 Roshi away...	4 pm chanting	5 Roshi away...	6	7 Roshi away...	8 TCAB 1-5:30 pm
9 Teisho	10 Finding Your Seat 7-8 pm	11 am dokusan pm chanting	12	13 pm dokusan Famine Relief	14 WP Sesshin applic deadline	15 9:30am setup for ceremony
16 Buddha's Parinirvana	17 Family Day TZC Closed	18 am dokusan pm chanting	19	20 pm dokusan	21	22 TCAB 1-5:30 pm
23 AGM 10:30 AM	24 Yoga 7-8pm	25 am dokusan pm chanting	26	27 pm dokusan +workshop setup	28 am setup for Workshop	29 Workshop TCAB 1-5:30 pm

March 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Toronto School Board March Break: Mar 16-20 Finding Your Seat Meeting: Mar 23 VT Ses. April 7-day deadline: Mar 27						
1 Teisho	2 Yoga 7-8pm	3 am dokusan pm chanting	4 am Ses. Setup	5 am and pm sesshin setup	6 am Ses. Setup	7 TZC WP Sesshin
8 D.S.T. begins	9	10	11	12	13	14 TCAB 1-5:30 pm
TZC 7-Day Jataka Tale Working Person 3/06 - 3/13 Application deadline Feb 14						
15 TZC CLOSED	16 TDSB March Break. 16-20th Yoga 7-8pm	17 am dokusan pm chanting	18 Metta Course #1	19 pm dokusan	20 TDSB Mar. break....	21 TCAB 1-5:30 pm
22	23 Finding Your Seat 7-8 pm Yoga 7-8pm	24 am dokusan pm chanting	25 Metta Course #2	26 pm dokusan	27 VT April 7-D Sessh. deadline	28 House Setup TCAB 1-5:30 pm
29 Teisho+Setup Temple Night	30 Yoga 7-8pm	31 am dokusan Temple Night	April 01 Metta Course #3	02 am dokusan Temple Night	Sat, Apr 4 - 9:30 ceremony prep Sun, Apr 5 - Jukai ceremony	