



TORONTO ZEN CENTRE WINTER SCHEDULE 2022

SITTINGS: Monday 7-8 am; Tuesday—Friday 6-7:15 am; Tuesday & Thursday 7:00-8:00 pm; Sunday 9-10:30 am

DOKUSAN: Tuesday morning; Thursday evening

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 Teisho	3 FINDING YOUR SEAT	4 Chanting	5	6	7	8
9 VZC Teisho	10	11 Chanting	12	13	14	15 2-Day Sitting
16 2-Day Sitting	17	18 Chanting	19	20	21	22
23 KANNON CEREMONY	24	25 Chanting	26	27	28	29
30 Teisho	31					

FEBRUARY

		1	2	3 Sesshin Deadline FAMINE RELIEF CEREMONY	4	5
6 VZC Teisho	7 FINDING YOUR SEAT	8 Chanting	9	10	11	12
13 Teisho	14	15 PARINIRVANA CEREMONY	16	17	18	19 VZC 3-Day Sesshin
20	21	22	23	24	25	26
27	28	TZC Break				

MARCH

		1	2	3	4	5 Sesshin Deadline
Toronto Zen Centre Break						
6	7 FINDING YOUR SEAT	8	9	10	11	12
Toronto Zen Centre Break						
13 Teisho	14	15 Chanting	16	17	18	19 Sesshin
20	21	22	23	24 Metta I	25	26
TZC 4-Day Sesshin						
27 AGM	28	29 Chanting	30	31 Metta 2		