



# TORONTO ZEN CENTRE SECOND QUARTER 2024

SITTINGS: Mondays 7–8 a.m. | Tuesdays, Thursdays, Fridays 6:00–7:15 a.m. | Sundays 9–11:00 a.m.  
Tuesdays & Thursdays 6:45 - 8:15 p.m. **Dokusan:** Tuesdays PM, Thursdays AM

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 FINDING YOUR SEAT	2	3	4	5	6
	Roshi on Break April 1-12					
7	8	9	10	11 Sitting & Set up	12	13 WORKSHOP
	Roshi on Break April 1-12					
14 ANNUAL SANGHA MEETING	15	16	17 Metta 1	18	19	20
21	22	23	24	25	26	27
	Vermont 7-Day Sesshin					
28 Taped Teisho	29	30 Max Sold End Donations				

MAY

			1 Metta 2	2	3	4
5 ROSHI KAPLEAU MEMORIAL EXTENDED SITTING	6 FINDING YOUR SEAT	7	8 Metta 3	9	10	11 Workday
12 LAY ORDINATION CEREMONY	13 ZC Closed	14	15 Metta 4 Max Sold Begins	16	17	18 ZC Closed
19 ZC Closed—May 18 - 20	20	21	22 Metta 5 Max Sold Ends	23 Famine Relief Ceremony	24	25 Max Sold Pick Up
26 Teisho	27	28	29 Metta 6	30	31	

JUNE

						1 Vesak Workday
2 VESAK 	3 FINDING YOUR SEAT ZC Closed	4	5	6 Sitting & Set up	7	8 WORKSHOP
9 Teisho & Set up	10	11	12	13	14	15
	4-day Work Sesshin (June 12-16)					
16 Sesshin	17 ZC Closed	18	19	20	21	22
23 Teisho	24	25	26	27	28	29 Roshi away
30 ZC Closed						