



# TORONTO ZEN CENTRE WINTER 2025

SITTINGS: Mondays 7–8 a.m. | Tuesday to Friday 6:00–7:15 a.m. | Sundays 9–11:45 a.m.  
Tuesdays & Thursdays 6:30 - 8:00 p.m. **Dokusan:** Tuesdays PM, Thursdays AM

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Year's ZC Closed	2 ZC Closed	3 ZC Closed	4 Retreat Deadline
5 Workday: New Year's Takedown	6 FINDING YOUR SEAT	7	8	9	10	11 Ceremony Workday
12 KANNON CEREMONY	13 ZC Closed	14	15	16 Sitting & Setup	17	18 WORKSHOP
19 Teisho	20	21 FAMINE RELIEF CEREMONY	22	23 Retreat Setup	24 25 TZC 5-Day Retreat	
26	27	28	29	30 ZC Closed	31	
TZC 5-Day Retreat						

FEBRUARY

						1
2 Sangha Entertainment	3 FINDING YOUR SEAT	4	5	6	7	8 Ceremony Workday
9 PARINIRVANA CEREMONY	10 ZC Closed	11	12	13	14	15
Roshi on Break						
16	17	18	19 Metta 1	20	21	22
Roshi on Break						
23 Teisho	24	25	26 Metta 2	27 Sitting & Setup	28	

MARCH

						1 WORKSHOP
2 Teisho	3 FINDING YOUR SEAT	4	5 Metta 3	6	7	8
9 Taped Teisho	10	11	12 Metta 4	13	14	15
16 ANNUAL SANGHA MEETING	17	18	19 Metta 5	20	21	22
23 Teisho	24	25	26 Metta 6	27 Sesshin Setup	28	29 VT April Sesshin Deadline
TZC Five-Day Jataka (working person) Sesshin					TZC Jataka Sesshin	
30	31	1	2	Temple Nights—Tues., April 7 & Thurs., April 9 Jukai Ceremony—Sun., April 13		