# PRAJNA PARAMITA HRIDAYA

## Heart of Perfect Wisdom

The Bodhisattva of Compassion
from the depths of prajna wisdom
saw the emptiness of all five
skandhas and sundered the bonds
that create suff'ring.

Know then:

Form here is only emptiness,
emptiness only form.
Form is no other than emptiness,
emptiness no other than form.
Feeling, thought and choice
consciousness itself
are the same as this.

Dharmas here are empty,
all are the primal void.
None are born or die.
Nor are they stained or pure,
nor do they wax or wane.

So in emptiness no form,
no feeling, thought or choice,
nor is there consciousness.
No eye, ear, nose,
tongue, body, mind;
no color, sound, smell,
taste, touch or what the mind
takes hold of,
nor even act of sensing.

No ignorance or end of it,
nor all that comes of ignorance:
no withering, no death, no end of them.
Nor is there pain or cause of pain
or cease in pain or noble path
to lead from pain,
not even wisdom to attain,
attainment too is emptiness.

So know that the Bodhisattva,
holding to nothing whatever
but dwelling in prajna wisdom,
is freed of delusive hindrance,
rid of the fear bred by it,
and reaches clearest nirvana.

All buddhas of past and present,
buddhas of future time
through faith in prajna wisdom
come to full enlightenment.

Know then the great dharani,
the radiant, peerless mantra,
the supreme, unfailing mantra,
the Prajna Paramita,
whose words allay all pain.
This is highest wisdom,
true beyond all doubt,
know and proclaim its truth:

Gate, gate
paragate
parasamgate
bodhi, svaha!

## HUNGRY GHOST CHANT

All hungry ghosts!
All tortured spirits!
Now we give you this Dharma-food.
May it fill the ten directions and satisfy hunger in realms of darkness.
All hungry ghosts!
All tortured spirits!
Abandon greed and rouse the desire for enlightenment.

To you spirits tortured by thirst we give this liquid offering.
May your thirst be relieved.
May your suffering diminish.
May all beings attain Buddhahood!

## TEN-VERSE KANNON SUTRA

Kanzeon!
Praise to Buddha!
All are one with Buddha,
all awake to Buddha—
Buddha, Dharma, Sangha—
eternal, joyous, selfless, pure.
Through the day Kanzeon,
Through the night Kanzeon.
This moment springs from Mind.
This moment itself is Mind

## RETURN OF MERIT

**Leader:**
Faith in Buddha, Dharma, Sangha brings true liberation.
We now return the merit of our chanting to:
All beings in the realm of Hungry Ghosts
May their suffering diminish,
May their thirst and hunger cease,
May all beings attain Buddhahood!

**All:**
Ten Directions, Three Worlds,
All Buddhas, Bodhisattva-mahasattvas
Maha Prajna Paramita.

## THE FOUR VOWS

All beings, without number, I vow to liberate.
Endless blind passions I vow to uproot.
Dharma gates, beyond measure, I vow to penetrate.
The Great Way of Buddha I vow to attain.